

CHERRY CREEK RESERVOIR

FRESH SQUEEZED ORANGE JUICE or grapefruit juice in a chilled glass. The best \$1.75 Make it a double, nearly a pint \$3.25

COFFEE, OUR SPECIAL BLEND or decaffeinated Colombian; freshly brewed from fresh ground beans\$2.00

PRESS POT COFFEE Brew your own in a Euro-style press pot. Serves enough for two and is ample for one. Ask your server about current varieties............\$3.75

SMOOT FROOTHY Bananas, berries yogurt and fresh squeezed O.J. make this the smoothiest, fruitiest, fruitismoothy (say it three times fast) this side of Broadway\$2,50 Double.....\$4.00 Cranberry or Tomato Juice \$1.50

Sidm Milk..... Double \$2.50 Lemonade Coke, Diet Coke, Sprite & \$2.00

FROM THE BAR

Bar service available teaturing our signature Bloody Marys and fresh squeezed Screwdrivers as well as premium beer and wine.

MAN DOES NOT LIVE BY BREAD ALONE

Our sandwiches are accompanied by freshly made pasta salad and a fresh fruit garnish

SORRY CHARLIE

Chicken of the sea? Dont be. A grilled, Dolphin free, teriyaki glazed, Albacore tuna steak sandwich with tomato, lettuce and mayo on sourdough toast \$9.25

CIVIC CENTER

Chicken salad made to o	Met, Uss a	
croissant, Indeed a cultur	al	
focal point	(24.74-27	E

GOLDEN TRIANGLE

SHINDWING THEM	ey of ease, opeon, to	TROUGH.
and cheddar-	cheese grilled	
The state of the s	1	\$7.95
Add avocado		\$8.50

BROWN PALACE

Add avocado \$7.45 Add avocado \$7.95	C D.C	A) ALC: 1	TOTHUM	CK-308 JULY 2	rincati:	N HOSE
A SA						\$7.45
	A TOTAL					

DOZENS DIJON DELI

Egg salad	made to order,	with a bint
	on a croissant	Devilishlu
delightful		\$7.45

COLORADO CORDON BLEU

A poached, boneless chicken breast. smothered in melted swiss cheese with thick cut bacon. On a croissant with mayo and the trimmings \$8.50

STEAK ACCLAIM

A rich lode, not from Philly, better! Marinated sirloin steak, mushrooms, onions, tomatoes, mayo and cheese on Good stuff Maynard! \$9.25

THE LITERARY CLUB

An edible edifice as multifaceted as the Denver Public Library. Triple decker club sandwich on wheat toast with smoked turkey breast, thick sliced bacon, leituce, tomato and mayo. Check it out. Add avacodo \$8.50

ATTROOPS AVAILE

AURURA MAUL	
Smoked turkey breast on wheat	
toast with mayo, tomato and letture.	
Start the sprawl	
Add appends or suite chance \$8.50	

CALIFORNIA CLUB

Smoked hirkey, swiss cheese, avocado, sprouts, lettuce, tornato and mayo on sourdough toast. It's beachin \$7.95

LAUREN'S LUNCH

A grilled veggie sandwich: whole wheat bread, fresh mushrooms, onions, avacado and tomato with melted swiss cheese \$7.95



Unequalled by any you've ever eaten. Skillet prepared with grade AA extra-large Colorado Farm Fresh Eggs, high, lite and brimming with carefully selected fillings, our omelettes come complete with potatoes, english muffin and fresh fruit Garnish. Substitute low cholesterol Egg Beaters for fresh eggs for .75¢ We'll gladly substitute a fresh baked muffin or cinnamon roll for the english muffin on any entree for \$1.00

CAPITOL HILL

Saut	ed fresh mushrooms with onions	
and	wiss chiese. A non-partisan	
layo	ite	9

IMAGINE A GREAT OMELET Sauteed green pepper. onions, ham, mushrooms and swiss

BLUE BONNET SONNET

cheese. Some call it a Denver ... \$8.75

It's namesake, the best Mex in Denver. Oh, Diner, now what could be better. Salsa on the side, to drape it in splendor \$7.45

NORTHSIDER

Chop	oped Italian sausage, choppe	d
fresh	tomatoes and mozzarella ch	leese.
Atsa	nice	\$8.23

NOTANOMELET

Brimming with layers of potatoes. cheese, then topped with two eggs. your style. Our modest assertion. Way out weighs huevos. \$8.25

ANOTHERNOTANOMELET

onions, green peppers and chopped tomatoes covered with melted swiss cheese topped with two eggs your style. Another pretty plate in the crowd \$8.25

6TH AVENUE INTERCHANGE

Fresh spinach, sauteed mushrooms and swiss cheese. No rhyme, reason or logic to it, but no accident \$7.95

WESTERN SLOPE

Rich in resources of chili and cheddar. this omelette is no boom and bust proposition \$7.95

CONVENTION CENTER

Chopped chicken breast, fresh broccoli and cheddar. Researched and designed by a panel of our of town experts, it must be good \$8.25

LOOKOUT MOUNTAIN

Chopped lean ham with lots of fresh tornatoes and swiss cheese. A point of

HERE'S YOUR ASPEN

Avocado, tomato and feta cheese. Not as exclusive as it sounds ... \$7.95

NO FRILLS FILL

Combined swiss, cheddar and mozzarella cheese, get fancy and add any item you like, just ask \$7.45

PLATTE RIVER PLATTER

Real erab, not that take stuff, and shrimp swimming on a tide of swiss cheese and immersed in a wave of hollandaise sauce. Promises to induce rapture of the deep\$8.95

FRESH BAKED GOODS

We bake scones, cirinamon rolls, cookies and other assorted items daily, on premise. The selection varies, ask your server. DOZENS ORIGINAL CINNAMON CRISP SCONE. \$2.50 Award Winning Cinnamon Roll...\$2.50 Bran mulfin or mulfin of the day...\$1.95

> 17% gratuity on parties of 5 or more. No separate checks please.

Ask your server about LO-CARB Substitutes

EGGS ARNOLD

Benedict that is. We use lean ham steak on a puff pastry then sprinkle on bay shrimp. No traitor to your taste buds. \$8.75

VEGGY BENNY

Dump the ham and shrimp, throw on fresh avocado, tomato slices and sauteed mushrooms instead. \$8.50

SCRAMBLE COUNTRY U.S.A.

Conditions are excellent for this range of scrambled egg dishes. Served with potatoes, english muffin and fresh fruit garnish.

VAIL

Fresh broccoli, mushrooms and tomatoes, a great condominium, cops, combination \$7.45

STEAMBOAT

Bacon and cheddar cheese with a fresh fall of sour cream and chives. Quite good, no Kidding \$7.95

LOVELAND

Ham, onions, green peppers and swiss cheese. Don't take a pass. \$7.95

TELLURIDE

Sauteed mushrooms, chopped chicken breast and a blizzard of hollandaise sauce. Take the Plunge.

AM. ANYTIME

D.T.C.

Denver's toughest choice. Two fresh grade AA extra-large eggs the way you choose, potatoes, fruit garnish and english muffin \$5.95

Thick sliced bacon, or freshly made sausage pattles, or lean ham \$7.95

Go LoCho

Yes, low cholesterol. We'll take the D.T.C. and sub in Egg Beaters for those who love eggs but can't indulge. A bran muffin too......\$7.45

BARRISTERS BREAKFAST

Bowl of fresh cut fruit, fresh baked muffin and coffee or tea. Keeps you thinking fast on your feet \$7.95

FRESH FRUIT

fresh to	order	\$6.	2
	gurt and granola		
AAHII AC	Aguri dini grafinari	20	6
On the	side	53	S

GET CEREAL

Hearty homemade patmeal, or granola, served with strawberries, bananas and raisins. Brown sugar with the oatmeal \$5.95

HOW THE WEST WAS WON

Biscuits, sausage and homemade gravy Copious quantities of these essential western staples are accompanied by potatoes and fresh fruit garnish. Keeps you tall in the saddle all day. \$7.95

NO MIDDLEMAN

BELGIAN WAFFLE A direct import from our kitchen, these large, light and crispy waffles come with a selection of fresh toppings. Now you have a friend in the waffle

Smothered in real whipped cream powdered sugar \$8.45 Topped with fresh strawberries and

bananas and powdered sugar \$7.95 With melted butter, syrup and powdered sugar \$6.45 Have two eggs or a side of meat with any waitle for a mere two bucks

LE TOAST FRANCAIS

words and connotations, could finally get us the respect we deserve. Topped with fresh strawberries. bananas and powdered sugar _ \$6.95 With melted butter, powdered sugar and synap \$5.95 Have two eggs or a side of meat for 10

FRENCH TOAST FORMIDABLE

Our already great French toast stuffed with a rich mixture of cream cheese and strawberry préserves. Unique et magnifiqu\$7.45 Add fresh strawberries and bananas for 5 francs (a dollar), or add two eggs or a



THE LIGHTER SIDE

A spinach salad with hot bacon dressing (ranch if you prefer), a steaming bowl of soup, and coffee, tea or soda pop. A deal at \$7,95

PRACTICALLY PERFECT PASTA SALAD

Our fresh pasta salad crowned with tomatoes, snow peas, carrots and your choice of

COLD FAX COLD PLATE

Sticed smoked turkey breast and cheeses with fresh pasta salad, asperagus, tomatoes, fresh veggies, hard-boiled egg and fruit.

Great Grazin \$8.50

IF YOU DON'T LIKE THE WEATHER

Fresh truit plate with yogurt. Can't predict exactly what the fruit will be, but the forecast usually calls for berries, melon, pineapple, oranges, grapes and afternoon showers \$7.95

MARVINS GARDENS

A major production of fresh spinach, tomatoes, mushrooms, hard boiled egg, threecheeses and your choice of smoked turkey breast or ham. Acquisition of this conglomerate gives you a chance at hot bacon or ranch dressing.

TERRIBLY HEALTHY

We peach a boneless, skinless, chicken breast in wine, steam up some fresh broccoll and throw on tomato slices and fruit. Eating this lunch allows you to forego 15 minutes of your exercise program today, really \$7.95

SAKURA SQUARE SALAD

broccoli, mushrooms, red onion, tomato and crunchy oriental noodles. Teriyaki dressing included \$7.95

A grilled, Dolphin free, tertyaki glazed, Albacore tuna steak atop fresh mixed greens,

FRESHNESS FIRST

For quality and health, we make this commitment to you. Daily deliveries insure the freshness of our products. To see this freshness passed on to you, we serve only fresh ground coffee and fresh squeezed luices. We neither pre-make our salads nor pre-cook our meats. Your meal is prepared to order when you order. This takes an extra effort and sometimes an extra minute, but you'll agree the



Scott and Lance